



# SAFE SPORT

## USA Swimming & HVA Current Athlete Code of Conduct and Activity Policy

THIS POLICY APPLIES TO:

- All USA Swimming athlete members

### General Requirements

The following code (along with the USA Swimming Code of Conduct) is in effect throughout the 2024-25 season and all activities contained within said season. Additionally, anyone, who acts in a manner that would interfere with the activity objectives listed below, will be subject to return home (at the expense of the individual involved) as well as other possible punishments, including future status with the club. Note that ALL members involved with a team activity (Coaches, Athletes, and Chaperones) must be members in good standing with USA Swimming.

1. All team members are expected to behave in an exemplary manner. The reputation of the HVA Current, the coaching staff, and the athletes is dependent on your behavior.
2. The coaching staff holds the final word on any rules, regulations, or disciplinary action throughout the team activity.
3. The consumption or usage of any illegal substance of any kind will not be allowed. In addition, any team member found or suspected to be in the presence of others (regardless of team/sport affiliation) partaking in any of the above activities will be subject to the same punishments and probable expulsion from the team.
4. At no time will male and female team members be alone in a non-public area of the opposite gender. The only exception would be if swimmers are in the presence of the coaching staff or chaperone while under two-deep direct supervision. This applies to ALL members of any team activity.
5. Regardless of gender, a coach or chaperone shall not share a hotel room or other sleeping arrangement with an athlete (unless the coach or chaperone is the parent, guardian, sibling, or spouse of that particular athlete). If this occurs and an additional athlete shares the room, then all must be of the same gender. In addition, the additional athlete's parents must provide written consent.
6. No team meetings or activities may be missed. Be punctual to all meetings and activity times.



**SAFE  
SPORT**

7. No team member may be out of his or her room after the assigned bedtime/curfew. Permission must be obtained from the Head Coach to leave the room past this time. The head coach will also establish a "lights out" time.
8. When visiting public places, athletes must stay in groups of no less than three persons.
9. Any damages or thievery incurred during any activity will be at the expense of the swimmer, and further disciplinary action will be taken. No loud or boisterous behavior will be tolerated in public areas, and such behavior will be kept to a minimum.
10. All team members will be polite in public areas, including restaurants. If applicable, leave a 15% tip. If there has been a problem with the service, see a member of the coaching staff.



# SAFE SPORT

## ATHLETE CODE OF CONDUCT - AGREEMENT

The purpose of a code of conduct for athletes is to establish a consistent expectation for athletes' behavior. By signing this code of conduct, I agree to the following statements:

- I will respect and show courtesy to my teammates and coaches at all times.
- I will demonstrate good sportsmanship at all practices and meets.
- I will set a good example of behavior and work ethic for my younger teammates.
- I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- I will attend all team meetings and training sessions, unless I am excused by my coach.
- I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
- If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- I will obey all of USA Swimming's rules and codes of conduct. I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and the swim club's board of directors.

---

Swimmer's Signature

---

Date

---

Parent/Guardian's Signature

---

Date